

SPARTAN RACE / 2024



SPARTAN RACE DAY PROGRAM

FENWAY PARK

BOSTON, MA

NOVEMBER 9-10, 2024



SPARTAN *STADION*





HOW TO GET HERE

GENERAL PARKING:

There is no onsite parking. There are local garages throughout the Fenway area.

GENERAL PARKING COST*:

Varies by Garage.

PUBLIC TRANSIT OPTIONS:

Closest MBTA T Station stops & walking distance: Kenmore Station, 5 minutes from Fenway

Closest MBTA Commuter Rail Station: Fenway, 2 minute walk

DROP OFF INFORMATION:

Drop off/pick up for rideshare apps is permitted at Fenway Park. Jersey St between Van Ness and Brookline Ave will be closed to vehicular traffic.

Registration takes place in the 55 Jersey St lot. After Registration walk to Gate A for Fenway entry.

Please be aware that cell phone reception can be spotty and you may have to walk to get the service needed to request a return ride.

TRAVEL & LODGING

Brittney to add travel details here.

[HOTEL ENGINE](#)

As our official lodging partner, Hotel Engine is saving Spartans up to 60% on hotel lodging for race day and beyond.

Sign up for free to enjoy exclusive rates, extra rewards, huge selection and 24/7 US-based support.



Fenway Park Spartan Stadion 5K November 9th & 10th 2024

STADION EVENT SCHEDULE

SATURDAY, November 9th

6:00am	Registration Opens
6:00am	Festival and Merchandise Opens
7:00am	Pace Group 1, 2 & 3 Start
7:15am	Pace Group 4 & 5 Start
7:30am	Early Morning Start Times Begin
9:30am	Open Start Times Begin
10:00am	Festival Challenge
11:00am	Stadion Competitive Awards
11:30am	Festival Challenge
12:30pm	Festival Challenge
2:00 pm	Festival Challenge
4:00pm	Last Heat
4:00pm	Registration Closes
7:00pm	Festival Closes

STADION EVENT SCHEDULE

SUNDAY, November 10th

7:00am	Registration Opens
7:00am	Festival and Merchandise Opens
8:00am	Pace Group 1 Start
8:15am	Pace Group 2 & 3 Start
8:30am	Pace Group 4 & 5 Start
8:45am	Early Morning Start Times Begin
10:15am	Open Start Times Begin
11:00am	Festival Challenge
12:00pm	Stadion Competitive Awards
12:30pm	Festival Challenge
1:30pm	Festival Challenge
1:30pm	Last Heat
1:30pm	Registration Closes
2:00 pm	Festival Challenge
6:00pm	Festival Closes

*Schedule subject to change

KIDS RACE EVENT SCHEDULE

SATURDAY, November 9th

1.5km KIDS RACE | Suggested Age 7-9
Start Times: 8am, 9am, 10am, 11am, 1pm and 2pm

1km KIDS RACE | Suggested Age 4-6
Start Times: 8:30am, 9:30am 10:30am, 11:30am,
1:30pm and 2:30pm

INCLUSIVE HEAT | Ages 4+
Start time: 2:30pm

KIDS RACE EVENT SCHEDULE

SUNDAY, November 10th

1.5km KIDS RACE | Suggested Age 7-9
Start Times: 9am, 10am, 11am, 12pm, 1pm and 2pm

1km KIDS RACE | Suggested Age 4-6
Start Times: 9:30am, 10:30am, 11:30am, 12:30pm,
1:30pm and 2:30pm



PRE-RACE DETAILS

Follow these Pre-Race instructions to ensure quick registration on race day.

- Visit the [Fenway Park Spartan Stadion 5K](#) event page on our website.
- Your specific start time will be in your **Spartan Account** approximately 10 days prior to race day.
- You must screenshot or print and bring your heat time, registration barcode, and photo identification to pick up your packet on race day. [Click here](#) for instructions to locate your barcode. This is important, as you will have to show your heat time prior to entering, and service can be unreliable.
- (New for 2024!) Spartan is going cashless! Please plan to bring a credit/debit card for all onsite purchases, including Registrations, Spectator entries and Merchandise!

For a complete description of how to complete each obstacle, what's allowed, what constitutes "failing" an obstacle, official penalties, and a video on how to complete a proper Spartan burpee, [click here](#).

All Competitive racers are required to abide by the official Spartan Rulebook. This includes being officiated and video recorded. Read up on the rules now and get ready to race.

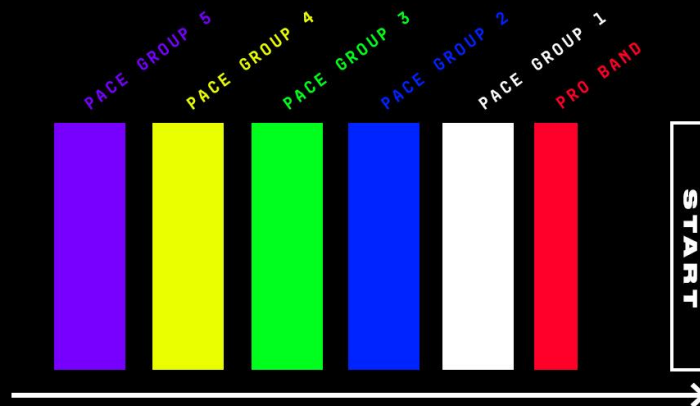
Competitive winners **MUST** be present at the time of the award ceremony to receive their award. No awards will be given or mailed out after race day.



COMPETITIVE RACING

- Racers in the Competitive Category will be provided a Pace Group wristband at Registration, which corresponds with their estimated pace that was selected at checkout.
- All Pace Groups will be loaded into the start line sequentially, in the order shown in the diagram below (Fig. 1)
- Any racer that has earned a Pro Band (either with a Top 15 Elite finish in 2023 or a Top 3 Competitive finish in 2024) will be given priority access in the first heat, regardless of the Pace Group on their wristband, as long as they are physically wearing the Pro Band.
- Please refer to the race schedule in this document to confirm the specific time for your Pace Group
- When multiple Pace Groups share the same heat time, the faster group will be given the opportunity to load in first. Listen for announcements at the start entrance for your Pace Group and be sure to visibly display your Pace Group wristband as you enter.
- Any Competitive racer that misses their Pace Group start may race in a subsequent Competitive heat; however, once all Competitive heats have begun, no late starters will be allowed. (Please visit Customer Service for reassignment to an Open heat).
- Competitive Racers will be ranked on a single leaderboard, with Overall Winners and Age Group Winners being awarded as shown below (Fig. 2)

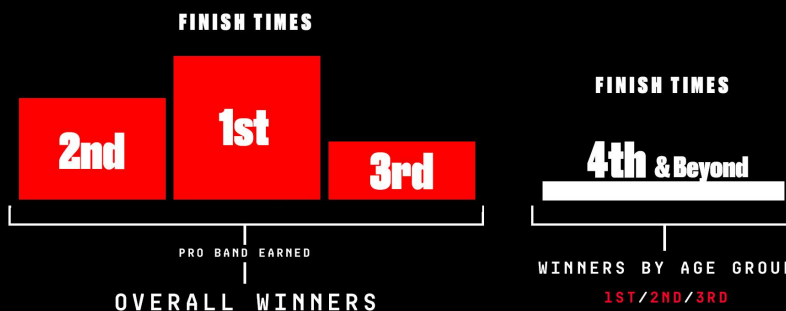
Fig. 1



COMPETITIVE RACERS

- Release in groups of 20-30 on rolling basis until all competitive racers are on the course
- Heats release between approx 7-7:30am
- Pro bands are earned by top 3 finish overall in 2024

Fig. 2



**ALL INFORMATION ABOVE IS SUBJECT TO CHANGE



VENUE & COURSE DESCRIPTIONS

Fenway Park is America's oldest ballpark, with history etched into its foundation. Red Sox fans will see the park like never before as they do burpees in the clubhouse, conquer obstacles along the Green Monster and sprint through the finish line at home plate. Additionally, take in historic Lansdowne street and Kenmore Square in the surrounding areas of the park. This year, Fenway is part of our Honor Series schedule. Race alongside military heroes who overcome obstacles every day in effort to serve and protect our country. Trust us – this course is wicked awesome.

Special Gear: Racers should plan to bring appropriate fuel for their needs. Please note that shoes with spikes are not allowed.

AID STATIONS

At each stop you will be able to drink as much water as you want, however we ask that you only take one (1) cup.

- **STADION:** There will be three (3) aid stations on course.

ON-COURSE HYDRATION TIPS

- Stop at all water stations as needed.
- Make sure to properly hydrate in the week leading up to the event.

COURSE CUTOFFS

Stadion Sprint participants must be at the finish line by 6:30pm Saturday and 3:30 PM Sunday. Any racers remaining on the course after those times will be removed from the course for their own safety and will be considered a DNF (Did Not Finish). This means you will not get a finishing time, medal, or shirt. The race will not count towards your trifecta and you will not get a refund or a future race credit. Additional course cutoffs will be announced prior to Race Day and Spartan reserves the right to modify, change cutoffs, and remove racers for health and safety issues or unforeseen events.

- 4:00pm: Last Heat on Saturday 11/9
- 1:30 PM Last Heat on Sunday 11/10
- If racers are not at the start line by this time you will likely not be allowed on course. Due to stadium operations this is a hard cut off.



INCLEMENT WEATHER

In the event of inclement weather such as lightning, tornadoes, hurricanes, and the like, Spartan Race reserves the right to eliminate obstacles, select portions of the course or cancel the event in order to ensure the safety of racers, volunteers, and staff. As always, weather can be unpredictable. Even though this is a stadium, the majority of the course will be exposed to the elements. This means that if we get rain, sleet, or snow on race days, you should be prepared to run in those conditions. We will do our best to make sure the course is clear before heats go off but this venue is open to the elements.

EQUIPMENT & CLOTHING

- Bag check will be located outside the stadium entrance. Within the stadium there will be a second bag check for smaller valuables.
- Bags must be single-compartment and no larger than 12"x12"x6". Backpacks, backpack-style purses, duffel bags, and other multi-compartment bags are NOT permitted. Exceptions will be made for diaper bags and bags containing essential medical equipment. Fenway Park continues to encourage the use of single-compartment clear bags. Clear bags must also be no larger than 12"x12"x6". Clear backpacks are not allowed. *There will be no bag check outside the stadium.
- We do not have changing facilities or Cold Wash at Stadion events, please plan your gear accordingly.
- Shoes with spikes are not allowed.
- Our official merchandise store will open at the same time as the festival area. Forget your racing shoes, change of clothes, spare socks? We can help. (Reminder: Like Fenway park, Spartan Race is completely cashless. Debit and credit are accepted.)

FOOD/BEVERAGES & PARTNERSHIP SAMPLING

- Food and beverages will be available for purchase on-site, debit and credit cards only.
- If you are racing and of legal age, your complimentary VIVA Tequila Seltzer will be available at a venue outside the stadium at **Loco Taqueria & Oyster Bar Fenway**.
 - Address: Loco Taqueria & Oyster Bar Fenway
61 Brookline Ave, Boston, MA 02215
- Be sure to visit the Festival on Jersey Street for free samples and the opportunity to purchase Spartan-approved products from our great sponsors.



FACILITIES

- Restrooms are located throughout the stadium.
- Bag check will be located outside the stadium entrance. Within the stadium there will be a second bag check for smaller valuables.
- Bags must be single-compartment and no larger than 12"x12"x6". Backpacks, backpack-style purses, duffel bags, and other multi-compartment bags are NOT permitted. Exceptions will be made for diaper bags and bags containing essential medical equipment. To speed up the entry process, the Fenway security team continues to encourage the use of single-compartment clear bags. Clear bags must also be no larger than 12"x12"x6". Clear backpacks are not allowed. There will be a bag check for approved bags inside the stadium.
- Fenway Park bag policy: <https://www.mlb.com/redsox/ballpark/information/guide>
- Spartan does not offer Cold Wash or changing facilities at Stadion events, please plan accordingly.
- Fenway Park is cashless. They will accept debit and credit cards for any purchases in the stadium.



KIDS PRE-RACE DETAILS

Follow these Pre-Race instructions to ensure quick registration on race day.

- Visit the [Fenway Park Spartan Stadion 5K](#) event page on our website.
- For pre-race venue specific details with our onsite Kids Race team, visit our [Kids Facebook page](#) 1-2 days before race weekend.
- Your specific start time will be in your [Spartan Account](#) approximately 10 days prior to race day.
- You must screenshot or print and bring your heat time, registration barcode, and photo identification to pick up your packet on race day. [Click here](#) for instructions to locate your barcode. This is important, as you will have to show your heat time prior to entering, and service can be unreliable.
- Two spectator passes are provided per family. Spectating is available anywhere along the outside of the orange Kids tape. One parent may run with a racer on the 1 kilometer or 1.5 kilometer course.
- An accompanying parent/guardian must be present within the Kids Course or Kids Festival while their racer is on course and children must be supervised at all times when not actively racing.
- (New for 2024!) Spartan is going cashless! Please plan to bring a credit/debit card for all onsite purchases, including Registrations, Spectator entries and Merchandise!

Visit our [KIDS FAQ](#) for more information

KIDS REGISTRATION

Registration for the Spartan Kids Race will be at the Kids Registration tent. The parent/guardian accompanying the child must show valid photo identification to pick up the bib packet. For additional information, please visit the [Fenway Park Spartan Stadion 5K](#) event page and click the “Kids Race” tab.

Don't forget to stop by the merchandise tent to shop our latest Kids apparel ranges and accessories.



KIDS RACE

- There are two Kids Race distances available to race at the event: 1.5km and 1km
 - 1km suggested age: 4-6
 - 1.5km suggested age: 7-14

*Please note, participants age 4-14 may participate in any Kids Race distance.
- Each Kids Race Finisher will receive a Finisher Medal and Finisher T-shirt.
- Each family will receive two (2) free Spectator Passes at registration, included in your purchase.
- Kids Race FAQ [here](#).

KIDS WATER STATIONS

- 1km: Finish Line
- 1.5km: 1km-1.5km transition and Finish Line

KIDS TRIFECTA

Claim your hard earned Trifecta medal at the Trifecta Tent located in Festival. Trifecta Medals MUST be collected on race day at the Trifecta Tent. Medals cannot be mailed out after race day. Tag #spartankids on social to show the world your accomplishment!

Don't forget to stop by the merchandise tent to shop our latest Kids apparel ranges and accessories.



SPARTAN INFORMATION

- Don't forget to screenshot or print and bring your registration barcode to pick up your packet on race day. [Click here for instructions to locate your barcode.](#)
- You must have photo identification to check in.
- All children under 14 must be accompanied by an adult at all times. Leaving your child unattended while racing will result in being pulled off the course, asked to leave and barred from participating in future races.
- No pop-up tents are allowed in the festival. Tent space is reserved for our partners.
- No coolers or glass bottles allowed on the property. Security staff will check for them as you enter.
- If you wear a GoPro, or any other type of POV camera, please make sure your contact information (name & phone number) is somewhere on the camera. If you lose the camera on the course, this is the only way we are able to identify it.
- Racers ages 14 and older can participate in the adult's race. Those under 14 are encouraged to join the Kid's Race.
- Please DO NOT call the venue with any questions.
- Our [Fenway Park Spartan Stadion 5K](#) event page is your best source for up-to-date information.
- Drink plenty of water before the race and come prepared.
- Get a good night's sleep. This race is no joke...



SPARTAN RACE FESTIVAL

Opens at 6:00AM on Saturday, 11/9 and 7:00AM on Sunday, 11/10. The Festival will feature leading national partners with highly experiential activations and free swag, healthy and functional F&B brands sampling free foods and beverages, gyms and trainers to help you warm up and cool down, workout and OCR gear and accessories companies, and much more. Remember to bring credit or debit cards to take advantage of deals only available to Spartans!

Official Spartan Merchandise area:

Stop by merchandise to see our brand new shoppable store setup and get exclusive access to new products before they sell out on race day.

Spartan+ members get 20% off merchandise with free shipping & returns. Don't miss out on exclusive gear and discounts as well - talk to a Sales Associate to become a Spartan+ member. Learn more about Spartan+ Membership [here](#).

VOLUNTEERS

Want to run for free? Experience Spartan in a new way and volunteer with us! Celebrate at the Start, Finish, or encourage our participants at the obstacles. Explore the Possibilities here:

[Volunteer Sign Up Link](#)

CONTACT SPARTAN HQ

For any questions or concerns that haven't been addressed here, please visit our [Frequently Asked Questions Page](#). We'll see you out on the course!

AROO!